

Essential Elements of Trauma-Informed Child Welfare Practice¹

1. Maximize the child's sense of **safety**.
2. Assist children in reducing overwhelming **emotion**.
3. Help children make new meaning of their **trauma history** and current experiences.
4. Address the **impact of trauma** and subsequent changes in the child's behavior, development, and relationships.
5. **Coordinate** services with other agencies.
6. Utilize comprehensive **assessment** of the child's trauma experiences and their impact on the child's development and behavior to guide services.
7. Support and promote positive and **stable relationships** in the life of the child.
8. Provide support and guidance to **child's family and caregivers**.
9. **Manage** professional and personal **stress**.

¹ Child Welfare Committee, National Child Traumatic Stress Network. (2008). *Child welfare trauma training toolkit: Comprehensive guide (2nd ed.)* Los Angeles, CA & Durham, NC: National Center for Child Traumatic Stress.
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