

# Web-Based Resources to Support Trauma-Informed Child Welfare and Cross-System Practice

## *Information About Evidence-Based Practices*

<http://www.cebc4cw.org/>

<http://crimesolutions.gov/>

## *Screening for Children/Youth:*

Child and Adolescent Needs and Strengths (CANS) <http://www.praedfoundation.org/>

Pediatric Symptom Checklist (PSC)

[http://www.brightfutures.org/mentalhealth/pdf/professionals/ped\\_symptom\\_chklst.pdf](http://www.brightfutures.org/mentalhealth/pdf/professionals/ped_symptom_chklst.pdf)

Strengths and Difficulties Questionnaire (SDQ) <http://www.sdqinfo.com/>

## *Assessment, Training and Preparation for Resource Parents*

Casey Foster Family Assessments <http://www.fosterfamilyassessments.org/>

KEEP <http://www.cebc4cw.org/program/keeping-foster-and-kin-parents-supported-and-trained/>

NCTSN: Caring for Children who have experienced Trauma <http://nctsn.org/products/caring-for-children-who-have-experienced-trauma>

## *Treatment for Children/Youth and their Families:*

Parent Child Interaction Therapy (PCIT) <http://www.pcit.org/>

Strengthening Families Program (SFP) <http://www.strengtheningfamiliesprogram.org/>

Early Risers Skills for Success <http://www.promisingpractices.net/program.asp?programid=181>

Brief Strategic Family Therapy <http://www.bsft.org/>

MultiSystemic Therapy <http://www.mstservices.com/>

Familias Unidas <http://www.familias-unidas.org/>

Multidimensional Treatment Foster Care <http://www.mtfc.com/>

Triple P <http://www.triplep.net/>

Children's Summer Treatment Program (STP) <http://ccf.buffalo.edu/STP.php>

Adolescents Coping with Depression

<http://www.promisingpractices.net/program.asp?programid=152>

Alternatives for Families (AF-CBT) [www.afcbt.org](http://www.afcbt.org)

Trauma-Focused CBT - <http://tfcbt.musc.edu/>

Child Parent Psychotherapy (CPP) <http://www.cebc4cw.org/program/child-parent-psychotherapy/>

Cognitive Behavioral Intervention for Trauma in Schools (CBITS) <http://cbitsprogram.org/>

Trauma Affect Regulation Guide for Education and Therapy (TARGET)  
<http://www.advancedtrauma.com/html/fags.html>

Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS)  
[http://www.nctsn.org/nctsn\\_assets/pdfs/promising\\_practices/SPARCS fact sheet 3-21-07.pdf](http://www.nctsn.org/nctsn_assets/pdfs/promising_practices/SPARCS_fact_sheet_3-21-07.pdf)

Prolonged Exposure Therapy for Youth <http://www.med.upenn.edu/ctsa/>

Functional Family Therapy <http://www.fftinc.com/>

### *Mental Health and Trauma Resources*

NCTSN (National Child Traumatic Stress Network) [http://nctsn.org/nccts/nav.do?pid=home\\_main](http://nctsn.org/nccts/nav.do?pid=home_main)

ACES Study <http://acestudy.org/>

Child Welfare Trauma Training Toolkit [http://nctsn.org/nccts/nav.do?pid=ctr\\_cwtool](http://nctsn.org/nccts/nav.do?pid=ctr_cwtool)

Federation of Children and Families (Mental Health) <http://www.ffcmh.org/>

NAMI (National Alliance on Mental Illness) <http://nami.org/>

Sanctuary Model of Care <http://www.sanctuaryweb.com/>

### *Parents and Juvenile Justice Resources*

Justice for Families <http://www.justice4families.org/file/Home.html>

Campaign for Youth Justice <http://www.campaignforyouthjustice.org/>

Safety, Fairness, Stability: Repositioning Juvenile Justice and Child Welfare to Engage Families and Communities <http://cjjr.georgetown.edu/pdfs/famengagement/FamilyEngagementPaper.pdf>

Pathways to Partnership with Youth and Families  
[http://www.nctsn.org/sites/default/files/assets/pdfs/Pathways\\_ver\\_finished.pdf](http://www.nctsn.org/sites/default/files/assets/pdfs/Pathways_ver_finished.pdf)

Juvenile Justice Trauma Informed System <http://nctsn.org/resources/topics/juvenile-justice-system>

National Center for Youth in Custody <http://nc4yc.org/>

### *Psychotropic Meds*

[http://bartoncenter.net/uploads/PsychMedsProject/GAPsychotropicMedMonitoProjReport\\_FINAL.pdf](http://bartoncenter.net/uploads/PsychMedsProject/GAPsychotropicMedMonitoProjReport_FINAL.pdf)

<http://centerforchildwelfare.fmhi.usf.edu/mhsa/PsychMeds/Forms/AllItems.aspx>

## *Youth Voices*

Sometimes Youth Just Want to be Heard <http://www.nctsn.org/products/nctsn-affiliated-resources/youth-and-family-partnerships-two-publications>

Youth Success NYC <http://www.youthsuccessnyc.org/index.html>

Represent Magazine <http://www.representmag.org/>

Mockingbird Society <http://www.mockingbirdsociety.org/>

Foster Club & Permanency Pact <http://www.fosterclub.com/transition/article/permanency-pact>

## *A Few Books*

Creating Sanctuary: Toward the Evolution of Sane Societies, Sandra L Bloom

Real Life Heroes: Practitioner Manual, Richard Kagan

Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment, Alicia F. Lieberman Phd, Patricia Van Horn Phd

Trauma-Informed Practices With Children and Adolescents William Steele, Cathy A. Malchiodi

Therapeutic Residential Care for Children and Young People: An Attachment and Trauma-Informed Model for Practice Susan Barton, Rudy Gonzalez, Patrick Tomlinson

Wounded Children, Healing Homes: How Traumatized Children Impact Adoptive and Foster Families by Jayne E. Schooler, Betsy Keefer Smalley and Timothy J Callahan Psy.D.

First They Killed my Father, Lulu in the Sky and Lucky Child (3 books) Loung Ung

Language of Flowers, Vanessa Diffenbaugh

The Boy Who Was Raised As A Dog by Perry and Szalavitz,

Nurturing Adoptions by Deborah Gray

Collaborative Treatment of Traumatized Children and Teens by Glenn Saxe, B. Heidi Ellis and Julie Kaplow

## *Adolescent Brain Development*

Demystifying the Adolescent Brain, Dr. Larry Steinberg

<http://mendhamboro.schoolwires.com/cms/lib02/NJ01000391/Centricity/Domain/127/Demystifying%20the%20adolescent%20brain.pdf>

The Adolescent Brain: New Research and Its Implications for Young People Transitioning from Foster Care

<http://blogs.edweek.org/edweek/inside-school-research/The%20Adolescent%20Brain%20-%20Final%20Paper.pdf>