

The Delaware Parent-Child Interaction Therapy (PCIT) Roster

What is the Delaware PCIT Roster?

Family members, professionals and members of the public can use this roster to find a trained specialist in the treatment of young children with acting out behavior. PCIT is a unique, short-term training approach whereby the PCIT therapist works with the child and family to directly coach the parent/caregiver in building better relationships with the child and learning skills to change negative parent-child behavior patterns.

The roster is a publicly available listing of trainees and successful program graduates of the **Division of Prevention and Behavioral Health Services' (DPBHS)** clinical training program designed to train mental health professionals with at least a master's degree and experience to use the Parent-Child Interaction Therapy intervention. DPBHS, through PCIT developer and expert trainer, Cheryl McNeil, Ph.D. and Josh Masse, Ph.D., trains clinicians in this intervention to provide effective treatment for young children with acting out behaviors such as refusing to follow rules, aggression, biting, hitting, throwing objects and having tantrums.

PCIT is an evidence-based intervention designed to change defiant and aggressive behavior in young children and to prevent future antisocial behaviors. In PCIT, the emphasis is on improving the quality of the parent-child relationship and changing parent-child interaction patterns. Parents are taught specific skills to establish a nurturing and secure relationship with their child while increasing their child's pro-social behavior and decreasing negative behavior. The treatment model uses highly specified, step-by-step, live-coached sessions with both the parent/caregiver and the child to change behavior. Goals are:

- Improvement in the quality of the parent-child relationship;
- Decrease in child behavior problems with an increase in positive pro-social behaviors;
- Increase in parenting skills, including positive discipline; and
- Decrease in parenting stress.

PCIT is listed as an evidence-based practice on the U.S. Substance Abuse and Mental Health Services Administration website: the National Registry of Evidence-based Programs and Practices (NREPP) with a quality of research rating of 3.2 on a scale of 4.0. The link to that website for PCIT is: <http://www.nrepp.samhsa.gov/>. Information on this practice may also be found the website of the National Child Traumatic Stress Network - www.nctsn.org.

Disclaimer: As a public service, the Division of Prevention and Behavioral Health Services of the Delaware Children's Department has developed this roster which contains a list of trainees and graduates of its PCIT training program. Neither DPBHS nor its providers nor its funders provide official endorsement of the clinicians included on our roster. This listing of clinicians is available for information purposes only; this listing is not meant to replace consultation with your physician or mental health professional. The views and opinions of clinicians listed on this site do not necessarily state or reflect those of DPBHS or the State of Delaware.

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Unless otherwise indicated, ALL clinicians on this roster accept third party payment as well as Medicaid Managed Care as payment for services.

		Croft, Gail	Gail Croft, LPCMH
Barnes, Rosa	Rosa Barnes, LCSW		Delaware Guidance Services
	Barnes and Associates		103 Mont Blanc Boulevard
	6 Chelsea Square		Dover, DE 19904
	Millsboro, DE 19966		302-678-3020
	302-934-7807		
		Dukes, Jeanne	Jeanne Dukes, LCSW
Berte`, Denise Z.	Denise Ziya Berte`, Ph.D.		Arbor Counseling Center
	Latin American Community Center		7 South King Street
	301 N. Harrison Street		Georgetown, DE 19947
	Wilmington, DE 19805		302-430-2127
	302-295-2160		**Not a DPBHS provider
	(Spanish-speaking, bilingual)	Early, Tim	Tim Early, LPCMH
Clapham, Liza	Liza Clapham, LCSW		Delaware Guidance Services
	Delaware Guidance Services		103 Mont Blanc Boulevard
	1213 Delaware Avenue		Dover, DE 19904
	Wilmington, DE 19806		302-678-3020
	302-652-3948	Jurkech, Milan	Milan Jurkech, MSW, CFT
			Delaware Guidance Services
			1213 Delaware Avenue
			Wilmington, DE 19806
			302-652-3948

Jones, Judith Judith Jones, LCSW
Delaware Guidance
Services
103 Mont Blanc
Boulevard
Dover, DE 19904
302-678-3020

Meek, Cori Cori Meek, LPCMH
Delaware Guidance
Services
900 Health Services Dr.
Seaford, DE 19973
302-262-3505

Miller, Deborah Deborah Miller, LCSW
Lighthouse Therapy
Center
30838 Vines Creek Road,
Suite 2B
Dagsboro, DE 19939
302-732-1310
**Not a DPBHS provider

Morrison, Pamela Pamela Morrison,
LPCMH, NCC
652 Nimitz Road
Dover, DE 19901
302- 531-6421
**Not a DPBHS provider

Pollard, Georgia Georgia A. Pollard, MA
Pressley Ridge Treatment
Foster Care
870 Forrest Avenue
Dover, DE 19904
302-677-1590 x22415

Randall, Allison Allison Randall, LCSW
Upper Bay Adoption &
Counseling Services
700-A River Road
Wilmington, DE 19809
302-764-1890

Repka, Denise Denise Repka, LCSW
Jewish Family Services
99 Passmore Road
Wilmington, DE 19803 **OR**
288 E. Main Street
Newark, DE 19711
302-478-9411 x125

Roberts, Kristal Kristal Roberts, LCSW
Upper Bay Adoption &
Counseling Services
3249 Midstate Road
Felton, DE 19943
302-335-1690

Rose, Roxana Roxanna Rose, LCSW
Delaware Guidance
Services
1213 Delaware Avenue
Wilmington, DE 19806
302-652-3948
(Spanish-speaking,
bilingual)

Santiago, Abner Abner, Santiago, LPCMH
Latin American
Community Center
301 N. Harrison Street
Wilmington, DE 19805
302-295-2160
(Spanish-speaking,
bilingual)

**University of Delaware Mental Health
Clinic**

203 W. Main Street
Newark, DE 19711
302-831-2717