

The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster

What is the Delaware TF-CBT Roster?

Family members, professionals and members of the public can use this roster to find a trained specialist in the treatment of child and family trauma.

The roster is a publicly available listing of trainees and successful program graduates of the Delaware Children’s Department’s Division of Prevention and Behavioral Health Services (DPBHS). DPBHS has a clinical training program designed to train mental health professionals with at least a master’s degree and experience to use the **Trauma-Focused Cognitive Behavioral Therapy** intervention developed by Esther Deblinger, Ph.D., Judith Cohen, M.D. and Anthony Mannarino with fidelity to the model. DPBHS has trained clinicians in this treatment to provide **effective, trauma-specific treatment for children with physical and/or sexual abuse, neglect, a history of witnessing violence (community or domestic violence) or experience with a traumatic event (e.g. car accident).**

Symptoms of child traumatic stress include but are not limited to:

- Repeated, upsetting memories of the traumatic event
- Flashbacks, reliving the experience
- Very upset by sights, sounds, smells which trigger memory of the traumatic event
- Avoiding places or people that are reminders of the event
- Being easily startled
- Showing very little emotion, seeming “numb” regarding the event
- Frequent nightmares
- Difficulty sleeping
- Difficulty concentrating
- Lack of interest in usual activities or personal relationships the y once enjoyed

TF-CBT is a psychosocial treatment model designed to treat posttraumatic stress and related emotional and behavioral problems in children and adolescents and is listed as an evidence-based practice on the U.S. Substance Abuse and Mental Health Services Administration website: the National Registry of Evidence-based Programs and Practices (NREPP) with a quality of research rating of 3.8 on a scale of 4.0. The link to that website for TF-CBT is:

<http://www.nrepp.samhsa.gov/>

For general information about child traumatic stress, the website of the National Child Traumatic Stress Network (federally funded organization) is www.nctsn.org. It has information specifically designed for interest groups like parents, schools, etc... DPBHS is a member of the NCTSN and the training provided to Delaware clinicians is part of a very competitive federal grant obtained by DPBHS.

Disclaimer: As a public service, the Division of Prevention and Behavioral Health Services of the Delaware Children's Department has developed this roster which contains a list of trainees and graduates it has trained in TF-CBT. Neither DPBHS nor its providers nor its funders provide official endorsement of the clinicians included on our roster. This listing of clinicians is available for information purposes only; this listing is not meant to replace consultation with your physician or mental health professional. The views and opinions of clinicians listed do not necessarily state or reflect those of DPBHS or the State of Delaware.

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Clinicians with an asterisk by their names () will accept referrals of YOUNG CHILDREN and have received additional training in using TF-CBT with young children.*

Unless otherwise indicated, ALL clinicians on this roster accept third party payment as well as Medicaid Managed Care as payment for services.

Alatur, Oya	Oya Alatur, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411	Croft, Gail	Gail M Croft, LPCMH Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19977 Phone: 302-678-3020, ext 432
Bushnell, Pamela	Pamela Bushnell, LCSW Jewish Family Services 288 E. Main Street, Suite 1 Newark, DE 19711 Phone: 302-478-9411	Darby, Lisa	Lisa Darby LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Newark, DE 19713 Phone: 302-224-1400
Bennett, Stav*	Stav Bennett, LPCMH Mind and Body Consortium 1151 Walker Rd. Dover, DE 19904 Phone: 302-674-2380 ** Not a DPBHS provider	Doney, Stacy	Stacy Doney LCSW The Counseling Center 1103 Drummond Office Park Newark, DE 19711 Phone: 302-286-7164
Caputo, Christine	Christine Caputo, LCSW Christiana Counseling 5235 West Woodmill Drive Wilmington, DE 19808 Phone: 302-995-1680 x 238 ** Not a DPBHS provider	Dukes, Jeanne Doe	Jeanne Doe Dukes, LCSW Lewes Counseling 32314 Lewes-Georgetown Highway Lewes, DE 19958 Phone: 302-430-2127 ** Not a DPBHS provider
Coleman, Norwood	Norwood Coleman, LCSW Smith-Coleman Counseling Newport, DE 19804 Phone: 302-377-2603 ** Not a DPBHS provider	Dyer, Carol	Carol Dyer, LCSW Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19977 Phone: 302-678-3020 (Spanish-speaking, bilingual)

Early, Tim	Tim Early, LPCMH Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020	McCarragher, Melanie	Melanie McCarragher, LCSW Mind & Body Consortium 1151 Walker Road Dover, DE 19901 Phone: 302-674-2380 ** Not a DPBHS provider
Gonzalez, Ada	Ada Gonzalez, Ph.D. The Mind and Body Consortium 1151 Walker Road Dover, DE 19904 Phone: 302-674-2380 (Spanish-Speaking, Bilingual) ** Not a DPBHS provider	McLaughlin, Peggy	Peggy McLaughlin, MSCC Catholic Charities 2601 W. 4th Street Wilmington, DE 19805 Phone: 302-655-9624
Harris, Brandi	Brandi Harris, LPCMH, NCC A Center for Mental Wellness 25 South Old Baltimore Pike Suite #201, Lafayette Building 1 Christiana, DE 19702 Phone: 302-266-6200 ** Not a DPBHS provider	Miller, Deborah*	Deborah Miller, LCSW Lighthouse Therapy Center 30838 Vines Creek Road, Suite 2B Dagsboro, DE 19939 Phone: 302-732-1310 ** Not a DPBHS provider
Jester, Tiffany	Tiffany Jester, MS, NCC Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020	Moore, Stephen*	Stephen Moore, MC, LPCMH Delaware Guidance Services Polly Drummond Office Park Building 1, Suite 1208 Newark, DE 19711 Phone: 302-455-9333
Jones, Judith	Judith Jones, LCSW Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020	Mullen, Julius	Julius Mullen, Sr., Ed.D, NCC, LPCMH Children and Families First 400 N. Market Street Seaford, DE 19973 Phone: 302-652-3948 ** Not a DPBHS provide
Joselow, Beth	Beth Joselow, LPCMH, NCC The Tides Behavioral Health 117 Schley Avenue Lewes, DE 19958 Phone: 302-703-2255 **Not a DPBHS Provider		

Pollard, Georgia	Georgia A. Pollard, MA Pressley Ridge 56 West Main St, Suite 203 Newark, DE 19702 Phone: 302-366-0490 OR 870 Forrest Avenue Dover, DE 19904 Phone: 302-677-1590 OR	Santiago, Abner	Abner Santiago, MS Latin American Community Center 301 N. Harrison Street Wilmington, DE 19805 Phone: 302-295-2160 (Spanish-speaking, bilingual)
	Georgetown Professional Park 20145 Office Circle, Unit 2 Georgetown, DE 19947 Phone: 302-677-1590	Scheffler, Cynthia	Cynthia Scheffler, LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Newark, DE 19713 Phone: 302-224-1400
Powell, Shana	Shana Powell, MCC Delaware Guidance Services 31168 Learning Lane Lewes, DE 19958 Phone: 302-645-5336	Shreve, Malisa	Malisa Shreve, LCSW Jewish Family Services 288 E. Main Street, Suite 1 Newark, DE 19711 Phone: 302-478-9411
Redman-Brown, Robin*	Robin Redman-Brown, LPCMH The Delaware Family Center 3608 Lancaster Pike Wilmington, DE 19805 Phone: 302-995-9600 **Not a DPBHS Provider	Smolko, Nona	Nona Smolko, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411
Repka, Denise	Denise Repka, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411	Sweetman, Anne	Anne Sweetman, LPCMH People's Place 1131 Airport Road Milford, DE 19963 Phone: 302-422-8026
Rose, Roxana*	Roxana Rose, LCSW Delaware Guidance Services 1213 Delaware Avenue Wilmington, DE 19806 Phone: 302-652-3948 (Spanish-speaking, bilingual)	Jester, Tiffany	Tiffany Jester, MS, NCC Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020

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